THE EASTERN REGIONAL HEALTH AUTHORITY

POSITION DESCRIPTION

1. JOB TITLE	2. DIVISION	3. DEPARTMENT
PHYSIOTHERAPIST I	SANGRE GRANDE HOSPITAL CAMPUS	PHYSIOTHERAPY DEPARTMENT

4. ORGANIZATIONAL RELATIONSHIP

The Physiotherapist I will report to the Physiotherapist II or the immediate supervisor.

5. NATURE & SCOPE

The Physiotherapist I is responsible for evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital Campus, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems.

6. SPECIFIC ACCOUNTABILITIES

The Physiotherapist I:

- Reviews referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level of the Physiotherapy Therapeutic (PT) I.
- Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy.
- Develops, documents and reviews appropriate physiotherapy goals that agree with assessment findings, scientific evidence and patient interest.
- Develops, implements and reviews a documented plan of intervention(s) to achieve physiotherapy goals.
- Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions.
- Recommends and implements the most suitable intervention strategies and monitors its effectiveness and patients' progress.
- Observes and documents subjective and objective outcomes of interventions.
- Plans, executes and modifies as necessary individual patient treatment schedules in collaboration with support staff.
- Assesses and records patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals
- Refers patients in need of service beyond physiotherapy scope of practice to appropriate sources of care within ERHA, as necessary.
- Manages daily, weekly and monthly caseload and clinical rotation assignment with guidance from Physiotherapist II.
- Delegates duties to the Physiotherapy Aides.
- Attends and participates in Physiotherapy Department meetings and represents the Department at other multi-disciplinary meetings, when required.
- Accepts and performs assignments to participate in activities promoting Physiotherapy and physical activity internal and external to the ERHA.
- Represents the ERHA in any capacity within Physiotherapy scope of practice.
- Performs any other related duties as required.

7. KEY KNOWLEDGE, SKILLS AND ABILITIES

- Ability to produce evidence-based clinical reasoning.
- Ability to work under pressure and as a team.
- Excellent time management skills.
- Excellent communication skills.
- Ability to establish effective working relationships with staff and clients.
- Must possess a genuine interest in the health and well-being of patients.

8. MINIMUM TRAINING AND EXPERIENCE

- Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy Education.
- Registration with Physiotherapists Board of Trinidad and Tobago.

9. SUPERVISORY RESPONSIBILITIES

- Physiotherapy Aides

10. COMMUNICATION AND WORKING RELATIONSHIPS

Internal

- Medical Director
- Manager-Para Clinical Services
- Physiotherapist II
- Occupational Therapist
- Speech Therapist
- Heads of Departments
- Physiotherapy Aide
- Clerk I

External

- Clients
- Healthcare professionals contributing to patient management
- Non-healthcare professionals that contribute to patients' management