



THE EASTERN REGIONAL HEALTH AUTHORITY

POSITION DESCRIPTION

1. JOB TITLE PHYSIOTHERAPIST I	2. DIVISION SANGRE GRANDE HOSPITAL	3. DEPARTMENT PHYSIOTHERAPY DEPARTMENT
4. ORGANIZATIONAL RELATIONSHIP The Physiotherapist I will report to the Physiotherapist II or the immediate supervisor.		5. NATURE & SCOPE The Physiotherapist I is responsible for evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems.
6. SPECIFIC ACCOUNTABILITIES The Physiotherapist I:		
<ul style="list-style-type: none"> <input type="checkbox"/> Reviews referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level of the Physiotherapy Therapeutic (PT) I. <input type="checkbox"/> Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy. <input type="checkbox"/> Develops, documents and reviews appropriate Physiotherapy goals that agree with assessment findings, scientific evidence and patient interest. <input type="checkbox"/> Develops, implements and reviews a documented plan of intervention(s) to achieve Physiotherapy goals. <input type="checkbox"/> Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions. <input type="checkbox"/> Recommends and implements the most suitable intervention strategies and monitors its effectiveness and patients' progress. <input type="checkbox"/> Observes and documents subjective and objective outcomes of interventions. <input type="checkbox"/> Plans, executes and modifies as necessary individual patient treatment schedules in collaboration with support staff. <input type="checkbox"/> Assesses and records patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals <input type="checkbox"/> Refers patients in need of service beyond Physiotherapy scope of practice to appropriate sources of care within ERHA, as necessary. <input type="checkbox"/> Manages daily, weekly and monthly caseload and clinical rotation assignment with guidance from Physiotherapist II. <input type="checkbox"/> Delegates duties to the Physiotherapy Aides. <input type="checkbox"/> Attends and participates in Physiotherapy Department meetings and represents the Department at other multi-disciplinary meetings, when required. <input type="checkbox"/> Accepts and performs assignments to participate in activities promoting Physiotherapy and physical activity internal and external to the ERHA. <input type="checkbox"/> Represents the ERHA in any capacity within Physiotherapy scope of practice. <input type="checkbox"/> Performs any other related duties as required. 		
7. KEY KNOWLEDGE, SKILLS AND ABILITIES		
<ul style="list-style-type: none"> <input type="checkbox"/> Ability to produce evidence-based clinical reasoning <input type="checkbox"/> Ability to work under pressure and as a team <input type="checkbox"/> Time management skills <input type="checkbox"/> Excellent communication skills <input type="checkbox"/> Ability to establish effective working relationships with staff and clients <input type="checkbox"/> Must possess a genuine interest in the health and well-being of patients 		
8. MINIMUM TRAINING AND EXPERIENCE		
<ul style="list-style-type: none"> <input type="checkbox"/> Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy Education. <input type="checkbox"/> One (1) year of clinical practice exposure. <input type="checkbox"/> Registration with Physiotherapists Board of Trinidad and Tobago. 		

9. SUPERVISORY RESPONSIBILITIES

- ❑ Physiotherapy Aides

10. COMMUNICATION AND WORKING RELATIONSHIPS

Internal

- ❑ Medical Director
- ❑ Manager-Para Clinical Services
- ❑ Physiotherapist II
- ❑ Heads of Departments
- ❑ Physiotherapy Aide
- ❑ Clerk

External

- ❑ Clients
- ❑ Healthcare professionals contributing to patient management
- ❑ Non-healthcare professionals that contribute to patients management