

# THE EASTERN REGIONAL HEALTH AUTHORITY

### POSITION DESCRIPTION

1. JOB TITLE	2. DIVISION		3. DEPARTMENT
SPECIALIST PRIMARY CARE PHYSICIAN II-INTERNAL MEDICINE	COUNTY HEALTH ADMINISTRATION <ul> <li>NARIVA/MAYARO</li> <li>ST. ANDREW/ST. DAVID</li> </ul>		PRIMARY HEALTH CARE SERVICES
4. ORGANISATIONAL RELATIONSHIP		5. NATURE & SCOPE	
The Specialist Primary Care Physician II-Internal Medicine will report to the County Medical Officer of Health.		The Specialist Primary Care Physician II-Internal Medicine is responsible for facilitating the effectiveness of clinical primary care services in the entire region whilst liaising with Internal Medicine Department at the Sangre Grande Hospital. He/She assists the County Medical Officer of Health in Health System Management, manages and supervises a multi- disciplinary team of health care and ancillary staff and ensures implementation of clinical, medico-legal, educational and health promotional activities.	

#### 6. SPECIFIC ACCOUNTABILITIES

The Specialist Primary Care Physician II-Internal Medicine:

- Ensures the effective delivery of quality health care by managing all health care activities in internal medicine by ensuring that diseases are prevented, or detected early and treated
- □ Provides long-term comprehensive care for adults, adolescents and the elderly and diagnose a wide variety of illnesses that can occur in any of the body systems
- Prescribes treatment, therapy and other specialized medical care for internal disorders, such as hypertension, heart disease, diabetes, and problems of the lung, brain, kidney, and gastrointestinal tract or make referrals to senior personnel or specialist in secondary care, as required.
- □ Manages and/or provide advice on the treatment of common health problems, such as infections, influenza and pneumonia, as well as serious, chronic, and complex illnesses to members of the public
- Provides and manage long-term, comprehensive medical care, including diagnosis and nonsurgical treatment of diseases, for adult patients in an office
- Supervises a clinical team on preventive care, diagnosis of internal disorders, and treatment including instructions on healthy lifestyle choices, emphasizing wellness rather than illness with recommendations on diet, exercise, mental health, and stress reduction. The incumbent also ensures that the performance management process is adhered to.
- Periodically reviews and assesses the health care services provided in a cluster in collaboration with the County Medical Officer of Health and other functional heads of departments/cluster, to ensure that the services provided meet the health needs of the community.
- Performs clinical work in the region including but not limited to conducting medical examinations, diagnosing, providing prognoses, writing case records and medical reports as necessary.
- Oversees the implementation of other preventative procedures outlined for the promotion of public health.
- Communicates with Internal Medicine Department at the Sangre Grande Hospital with regards to patient care and follow up including but not limited to Diabetes, Hypertension, Asthma, Chronic Obstructive Pulmonary Disease (COPD), Stable Chronic Kidney Disease, Hyperthyroidism/Hypothyroidism, Warfarin Therapy, Stable Seizure Disorders.
- □ Participates in the budget/business plan preparation, as needed
- Ensures that the organizational systems and structures allow for the effective utilization of resources and the improvement of patient and customer satisfaction.
- □ Participates in national and international workshops that impact on the delivery of health care in the region.
- □ Prepares monthly or annual reports on activities.
- D Performs any other related duties as may be required by the appropriate Authority.

#### 7. KEY KNOWLEDGE, SKILLS AND ABILITIES

- □ Knowledge of the principles and practices of medicine including the diagnosis of a variety of diseases and injuries.
- □ Knowledge of principles and practices of preventative medicine.
- **Knowledge of Public Health Ordinance and of medical jurisprudence.**
- □ Management skills and the ability to work in teams.
- Ability to gain confidence and co-operation of patients, and to establish and maintain effective working relationships with other employees and the public.

#### 8. MINIMUM TRAINING AND EXPERIENCE

- **Training as evidence by the possession of a Medical Degree from a recognized institution.**
- □ At least five (5) years experience in the specialty field of Internal Medicine.
- Dest Graduate Certification in Internal Medicine.
- □ Specialist Registration with the Medical Board of Trinidad and Tobago.
- Post-graduate training in Primary Care and Family Medicine or Public Health or equivalent training from a recognized institution would be an asset.
- □ Experience in primary health care delivery would be an asset.
- □ Any equivalent combination of training and experience.

# 9. SUPERVISORY RESPONSIBILITIES

- □ House Officer
- Medical Officer I

#### 10. COMMUNICATION AND WORKING RELATIONSHIP

#### Internal:

- **D** County Medical Officer of Health
- Specialist Medical Officer (Internal Medicine)
- Registrar (Internal Medicine)
- Primary Care Physician II
- Primary Care Nurse Manager
- Senior District Health Visitor
- District Health Visitor
- D Primary Health Care Services Administrative Officer
- Medical/Nursing and Para-Clinical Personnel
- D Other Heads of Departments

# External:

- □ Ministry of Health
- D Other Regional Health Authorities
- □ World Health Organization (WHO) & Pan American Health Organization (PAHO)
- D Other NGOs
- D Other Stakeholders