



THE EASTERN REGIONAL HEALTH AUTHORITY

POSITION DESCRIPTION

1. JOB TITLE PHYSIOTHERAPIST I	2. DIVISION SANGRE GRANDE HOSPITAL	3. DEPARTMENT PHYSIOTHERAPY DEPARTMENT
4. ORGANIZATIONAL RELATIONSHIP The Physiotherapist I will report to the Physiotherapist II or the immediate supervisor.		5. NATURE & SCOPE The Physiotherapist I is responsible for evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems.
6. SPECIFIC ACCOUNTABILITIES The Physiotherapist I: <ul style="list-style-type: none"> ❑ Reviews referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level of the Physiotherapy Therapeutic (PT) I. ❑ Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy. ❑ Develops, documents and reviews appropriate Physiotherapy goals that agree with assessment findings, scientific evidence and patient interest. ❑ Develops, implements and reviews a documented plan of intervention(s) to achieve Physiotherapy goals. ❑ Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions. ❑ Recommends and implements the most suitable intervention strategies and monitors its effectiveness and patients' progress. ❑ Observes and documents subjective and objective outcomes of interventions. ❑ Plans, executes and modifies as necessary individual patient treatment schedules in collaboration with support staff. ❑ Assesses and records patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals ❑ Refers patients in need of service beyond Physiotherapy scope of practice to appropriate sources of care within ERHA, as necessary. ❑ Manages daily, weekly and monthly caseload and clinical rotation assignment with guidance from Physiotherapist II. ❑ Delegates duties to the Physiotherapy Aides. ❑ Attends and participates in Physiotherapy Department meetings and represents the Department at other multi-disciplinary meetings, when required. ❑ Accepts and performs assignments to participate in activities promoting Physiotherapy and physical activity internal and external to the ERHA. ❑ Represents the ERHA in any capacity within Physiotherapy scope of practice. ❑ Performs any other related duties as required. 		
7. KEY KNOWLEDGE, SKILLS AND ABILITIES <ul style="list-style-type: none"> ❑ Ability to produce evidence-based clinical reasoning. ❑ Ability to work under pressure and as a team. ❑ Excellent time management skills. ❑ Excellent communication skills. ❑ Ability to establish effective working relationships with staff and clients. ❑ Must possess a genuine interest in the health and well-being of patients. 		
8. MINIMUM TRAINING AND EXPERIENCE <ul style="list-style-type: none"> ❑ Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy Education. ❑ One (1) year of clinical practice exposure. ❑ Registration with Physiotherapists Board of Trinidad and Tobago. 		

9. SUPERVISORY RESPONSIBILITIES

- Physiotherapy Aides

10. COMMUNICATION AND WORKING RELATIONSHIPS

Internal

- Medical Director
- Manager-Para Clinical Services
- Physiotherapist II
- Heads of Departments
- Physiotherapy Aide
- Clerk

External

- Clients
- Healthcare professionals contributing to patient management
- Non-healthcare professionals that contribute to patients' management