



## THE EASTERN REGIONAL HEALTH AUTHORITY

### POSITION DESCRIPTION

<b>1. JOB TITLE</b> PHYSIOTHERAPIST I	<b>2. DIVISION</b> SANGRE GRANDE HOSPITAL	<b>3. DEPARTMENT</b> PHYSIOTHERAPY DEPARTMENT
<b>4. ORGANIZATIONAL RELATIONSHIP</b> The Physiotherapist I will report to the Physiotherapist II or the immediate supervisor.		<b>5. NATURE &amp; SCOPE</b> The Physiotherapist I is responsible for evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems.
<b>6. SPECIFIC ACCOUNTABILITIES</b> The Physiotherapist I: <ul style="list-style-type: none"> <li>❑ Reviews referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level of the Physiotherapy Therapeutic (PT) I.</li> <li>❑ Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy.</li> <li>❑ Develops, documents and reviews appropriate Physiotherapy goals that agree with assessment findings, scientific evidence and patient interest.</li> <li>❑ Develops, implements and reviews a documented plan of intervention(s) to achieve Physiotherapy goals.</li> <li>❑ Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions.</li> <li>❑ Recommends and implements the most suitable intervention strategies and monitors its effectiveness and patients' progress.</li> <li>❑ Observes and documents subjective and objective outcomes of interventions.</li> <li>❑ Plans, executes and modifies as necessary individual patient treatment schedules in collaboration with support staff.</li> <li>❑ Assesses and records patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals</li> <li>❑ Refers patients in need of service beyond Physiotherapy scope of practice to appropriate sources of care within ERHA, as necessary.</li> <li>❑ Manages daily, weekly and monthly caseload and clinical rotation assignment with guidance from Physiotherapist II.</li> <li>❑ Delegates duties to the Physiotherapy Aides.</li> <li>❑ Attends and participates in Physiotherapy Department meetings and represents the Department at other multi-disciplinary meetings, when required.</li> <li>❑ Accepts and performs assignments to participate in activities promoting Physiotherapy and physical activity internal and external to the ERHA.</li> <li>❑ Represents the ERHA in any capacity within Physiotherapy scope of practice.</li> <li>❑ Performs any other related duties as required.</li> </ul>		
<b>7. KEY KNOWLEDGE, SKILLS AND ABILITIES</b> <ul style="list-style-type: none"> <li>❑ Ability to produce evidence-based clinical reasoning.</li> <li>❑ Ability to work under pressure and as a team.</li> <li>❑ Excellent time management skills.</li> <li>❑ Excellent communication skills.</li> <li>❑ Ability to establish effective working relationships with staff and clients.</li> <li>❑ Must possess a genuine interest in the health and well-being of patients.</li> </ul>		
<b>8. MINIMUM TRAINING AND EXPERIENCE</b> <ul style="list-style-type: none"> <li>❑ Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy Education.</li> <li>❑ One (1) year of clinical practice exposure.</li> <li>❑ Registration with Physiotherapists Board of Trinidad and Tobago.</li> </ul>		

## 9. SUPERVISORY RESPONSIBILITIES

- ❑ Physiotherapy Aides

## 10. COMMUNICATION AND WORKING RELATIONSHIPS

### *Internal*

- ❑ Medical Director
- ❑ Manager-Para Clinical Services
- ❑ Physiotherapist II
- ❑ Heads of Departments
- ❑ Physiotherapy Aide
- ❑ Clerk

### *External*

- ❑ Clients
- ❑ Healthcare professionals contributing to patient management
- ❑ Non-healthcare professionals that contribute to patients management