



THE EASTERN REGIONAL HEALTH AUTHORITY

**POSITION DESCRIPTION**

<b>1. JOB TITLE</b> PHYSIOTHERAPIST I	<b>2. DIVISION</b> SANGRE GRANDE HOSPITAL	<b>3. DEPARTMENT</b> PHYSIOTHERAPY
<b>4. ORGANIZATIONAL RELATIONSHIP</b> The Physiotherapist I will report to the Physiotherapist II.	<b>5. NATURE &amp; SCOPE</b> The Physiotherapist I is responsible for autonomous, evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems.	
<b>6. SPECIFIC ACCOUNTABILITIES</b> The Physiotherapist I: <ul style="list-style-type: none"> <li>❑ Accepts referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level.</li> <li>❑ Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy.</li> <li>❑ Develops, documents and reviews appropriate Physiotherapy goals that agree with assessment findings, scientific evidence and patient interest.</li> <li>❑ Develops, implements and reviews a documented plan of intervention(s) to achieve Physiotherapy goals.</li> <li>❑ Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions.</li> <li>❑ Observes and documents subjective and objective outcomes of interventions.</li> <li>❑ Demonstrates skill in selecting and provides a wide range of intervention strategies and monitor their effectiveness.</li> <li>❑ Discharges patient when goals have been met or medical necessity is no longer warranted as an intervention.</li> <li>❑ Assesses and documents patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals.</li> <li>❑ Refers patients in need of service beyond Physiotherapy scope of practice to appropriate sources of care within ERHA as necessary.</li> <li>❑ Engages in at least fourteen (14) hours of continuing professional development per year which directly reflects CPD goals within areas of professional focus and/or interest.</li> <li>❑ Collaborates with Clerical Staff to manage daily, weekly and monthly caseloads and clinical rotation assignments with guidance from Physiotherapist II or Physiotherapist III.</li> <li>❑ Accepts assignments to participate in activities promoting Physiotherapy and physical activity within and external to the ERHA.</li> <li>❑ Actively supports and participates in patient coverage efforts across all divisions within the department as necessary.</li> <li>❑ Assesses the learning needs and capabilities of patients and caregivers. Initiates patient and family education in a timely manner relative to age, readiness to learn and emotional status.</li> <li>❑ Utilises appropriate methods and materials for effective learning, monitors response to education, and adapts programs appropriately.</li> <li>❑ Ensures documentation is timely, legible and efficient and meets the profession and department's documentation standards.</li> <li>❑ Performs all required data collection for the department accurately and within expected time frame.</li> <li>❑ Represents the ERHA in any capacity within Physiotherapy scope of practice.</li> <li>❑ Performs any other related duties as required.</li> </ul>		
<b>7. KEY KNOWLEDGE, SKILLS AND ABILITIES</b> <ul style="list-style-type: none"> <li>❑ Time management skills.</li> <li>❑ Excellent communication skills.</li> <li>❑ Ability to produce evidence-based clinical reasoning.</li> <li>❑ Ability to work under pressure and as a team.</li> <li>❑ Ability to establish and maintain effective working relationships with staff and clients.</li> </ul>		

**8. MINIMUM TRAINING AND EXPERIENCE**

- ❑ Training as evidenced by the possession of a Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy education.
- ❑ A minimum of one (1) year of clinical practice exposure.
- ❑ Registration with Physiotherapy Board of Trinidad and Tobago.
- ❑ Any other combination of training and experience

**9. SUPERVISORY RESPONSIBILITIES**

- ❑ Physiotherapy Attendant

**10. COMMUNICATION AND WORKING RELATIONSHIPS*****Internal***

- ❑ Medical Director
- ❑ Manager-Para Clinical Services
- ❑ Physiotherapist II
- ❑ Physiotherapist III
- ❑ Medical and Nursing Personnel
- ❑ All other Heads of Departments
- ❑ Clerk

***External***

- ❑ Clients
- ❑ Healthcare professionals contributing to patient management.
- ❑ Non-healthcare professionals that contribute to patients' management.